

BOWLINES

Newsletter of The Bluegrass Wildwater Association

January/February 2007

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National Paddling Film Festival: Feb. 23-24



Renee Fawcett

Winter.

Rain and snow.

Raging water.

Happy boaters.

Oh, yeah, and the National Paddling Film Festival! It's that time of year again when boaters from all over descend upon the great whitewater state of Kentucky to see video of what crazy things they've all been
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Conservation Corner

Dustin Anderson
Conservation Officer



Dustin's on vacation and will be back for the next issue. In the meantime, here are some simple ideas for conserving water around your home:

Simple Ways You Can Conserve Water

Indoor Water Use:

Bathroom

75% of the water used in our homes is used in the bathroom

- Adjust your toilet to use less water or put a plastic bottle filled with water and sand in your toilet tanks to save up to one gallon per flush. Make sure they are safely away from operating mechanisms.
- Check for toilet leaks by putting a drop of food coloring in the tank. If the color appears in your bowl without flushing, you have a leak to repair.
- Take shorter showers.
- Install a water-saving showerhead.
- Rinse your razor in the sink instead of letting the water run.
- Do not let the water run while brushing your teeth.
- Check faucets and pipes for leaks. A small drip can waste 20 or more gallons a day.

Kitchen and Laundry Room

- Use only full loads in washing machines and dishwashers.
- When washing dishes by hand, use one sink for rinsing instead of running the water or keep the dishes together in a rack and rinse them with a spray device.
- Instead of running tap water to cool it for drinking, put a water pitcher in the refrigerator.
- Recycle water from fish tanks by using it to water plants. It makes a good fertilizer because of its amount of nitrogen and phosphorous.

Outdoor Water Use:

- Use a broom to clean your driveway or sidewalk instead of a hose.
- Don't let the hose run while washing your car.
- Put a layer of natural mulch around trees and plants to save water. A layer three inches thick is

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Club Officers 2006-2007

Join in on the Fun!

President	Philip Sisk	859-396-7445
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Secretary	Kelly Glasser	859-312-2031
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Membership Coordinator	Megan Memmer	734-945-1653
Wildwater Cats Rep.	Jessica Dussex	859-737-3131
Past President	Jason Bailey	859-278-0764

BWA website: www.surfbwa.org

Join the BWA! BWA Membership \$20/individual; \$25/Family year entitles you to receive the newsletter, 10% discounts at many local and out of state outfitter shops, use of club equipment, discount at pool rolling sessions, a listing in the BWA Handbook, a stream gauge guide, and web site with a listserv for member's messages.

Meetings are held at 7:30, the second Tuesday of each month at location announced on our website.

To submit newsletter articles and/or pictures email Kathy Rose: kmrose@email.uky.edu

best.

- Plant trees and shrubs that are drought resistant and need little watering.

Lawn Watering

- If you step on your grass and it springs back up, it does not need to be watered. One inch of watering per week is enough.
- Water your lawn for a longer period of time once a week instead of giving it quick showers every day. This can cause shallow roots.
- To prevent lawn disease, water early in the day.
- Make sure that the water stays mostly on your lawn or garden, not on the sidewalks, driveways, or street.
- Try not to water on windy days.

Adapted from brochures by *Moorhead Public Service* and *American Water Works Association*



up to since last year.

This year, the NPFF will once again be held at the Lexington Woman's Club, the historic Hunt-Morgan House, in Lexington, KY on the 23rd & 24th of February. The program for NPFF 2007 includes:

- Film Competition in the Professional, Accomplished, and Amateur categories
- Still Image Competition
- Safety Poster Competition for kids 12 & under, with a kid-sized prize
- Guest Host John Grace from Lunch Video Magazine
- The return of the Silent Auction
- Boat Raffle in conjunction with American Whitewater and Jackson Kayaks
- Food, drink & live music, all included with admission fee

With the Festival almost upon us, things are working up to a frenzy as people scramble to get their entries prepared and sent in. Admission prices, a history of the NPFF, and a description of this year's venue can be found at:

<http://www.surfbwa.org/npff/index.html>

For the Poster Contest, bring your child's entry to the Festival with you, and it will be judged along with the other entries over the weekend.

Guest Host John Grace from Lunch Video Magazine will be there this year to give some insight into the kayaking video phenomenon, and to present some of LVM's work.

Live music is planned for Friday night, and possibly Saturday night as well. We will have a beer tent with beverages provided to those of age, and non-alcoholic drinks for those under 21. Food will be snacks for Friday night, and pizza and a Chili Tasting Competition on Saturday night.

American Whitewater will be there again this year for another membership push. Together with Jackson Kayaks, they'll be raffling off a brand new boat.

Speaking of boats, there will be 2 boats, a Liquid Logic Jefe and a Dagger boat of your choice, available in the Silent Auction, in addition to lots of other great gear.



Some of you last year had asked what happened to the Silent Auction, so we've brought it back.

We've put in a request for rain for that weekend to bring up the local surf spots, and have scheduled the event in the evenings to allow an opportunity for everyone to paddle. The Big South Fork has been there for us many times for the Sunday Post-NPFF boating trip.

So plan to attend the 2007 National Paddling Film Festival, February 23rd & 24th, in Lexington, KY! We look forward to seeing you all there.

Todd Garland
2007 NPFF Coordinator
h2oincfs@dcr.net

Lord of the Forks: October's Russell Fork Race Results



Eric Henrickson

BWA's own Matt Walker runs Climax, the final rapid of the race

This was an epic weekend at the Russell Fork. Adam Herzog, DJ and friends scored a huge water run on the gorge at maybe 4500 cfs, running everything but the top drop at Triple Drop. Grassy Creek saw a huge crowd, and quite a few people ran Little Stoney Creek on Saturday. Steve put together another fine Rendezvous, even though the high water drove some people away. Today the water dropped back just enough to have the race.

1. Toby MacDermott	Tornado	10:32
2. Matt Walker	T-Slalom	10:59
3. Adam Herzog	T-Canyon	11:17
3. James McLEod	Corsica Proline	11:17
5. Eric Henrickson	Tornado	11:20
6. Jay Ditty	Response C-1	11:30
7. Robin Betz	Tornado	11:50
8. Griffin Sanders	Crossfire	11:56
9. Dave Finney	T-Canyon	12:01
10. Eric Nies	Hercules	12:35
11. Willy Witt	Jefe	12:35
12. Brian Mattingly	Nomad	13:08
13. Jon Craine	Jefe	13:29

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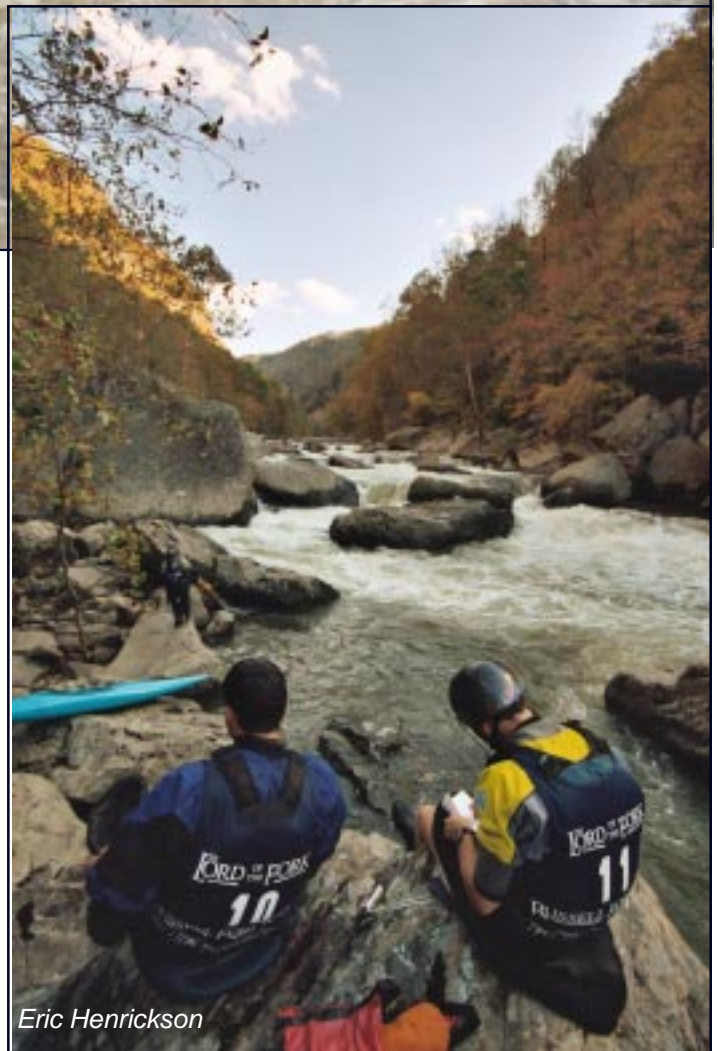


Eric Henrickson

Matt Walker heads for the finish line

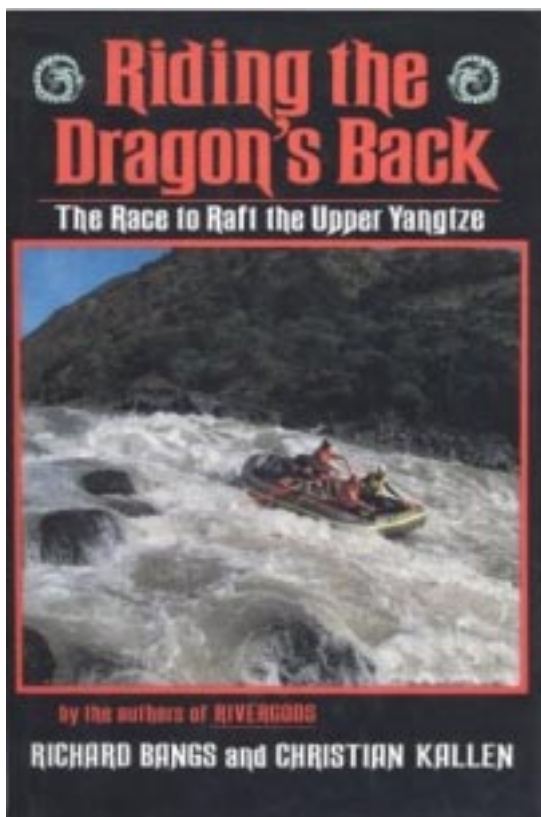
Thanks to Dustin Anderson, Kyle Wingler, Ed Gaker, Gerald DeLong, Matt DeLong, Steve Ruth, Terry Ratliff, Mark Branch, and a bunch of other people that were out there setting safety for us. Also thanks to Eric Henrickson, Willy Witt, and Matt Walker for helping to put it together this year.

Jay Ditty



Eric Henrickson

A satisfying day on a beautiful river



LOOKING FOR A GOOD BOOK?

Chase away the February blues by curling up with a good adventure. ***Riding the Dragon's Back***, by Richard Bangs and Christian Kallen, is the account of a group of rafters and paddlers who were trying to be the first Americans to successfully paddle the uncharted "Great Bend" of the Yangtze River. Although another American team beat them to the punch, this is still an excellent story filled with excitement, disaster, and success. Perhaps most importantly, the **BWA's own Sam Moore** (with a Cameo appearance by wife Karen) was part of the team that completed the expedition. At this printing, there was one copy available at the Lexington Public Library's Beaumont Branch, and copies are available for purchase at various booksellers.

Beaumont Branch
Adult Non-Fiction
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